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### Attached:

- School Stream App Information
- Infectious Diseases Information

**Please note school swimming is on Wednesdays and Fridays. Please ensure children bring their swimming gear.**

Reminder: text *follow lumsdenschool* to 8987 so that you will receive immediate text notification of alerts and reminders via our twitter account (e.g. snow days, cancellations).



Dear School Friends and Families

Have just been sitting in on Room 2's Firearms Safety session with Constable Marty Lowry (He's here talking with the senior classes). Interestingly, he said that Southland has the highest number of firearms per capita in the country. Many of us enjoy hunting of some sort, with houses containing firearms, so it's he delivered a really important message to the children about golden rules to stay safe.



At the same time we had Scott Eade (Otago rugby player, and Touch Southland coach), taking Touch skills with each class. Fortunately the rain held off so that we could make the most of his expertise (and we didn't mention the NPC final ☺).

Have heard quite a few 'wahoos' coming from the staff work room this week as Mrs Hailes and Miss Madden have been doing 1:1 assessments with children to check progress. Great to see children walking out with big smiles, realising the big learning gains they've made.

Best wishes to our Golf team (Fynn, Troy, Mitchell, Mackenzie) competing in the Southland golf tournament next Thursday. That evening we have some keen children performing in the Northern Southland Variety Concert, which is showcasing children's talents from the Northern Southland area. A good evening of entertainment to pencil in on your calendars (24<sup>th</sup> November 7.30 – 9.00pm).



Thank you to Room 2 and 3 parents who have returned three-way conference slips this week. It would be good to have the remaining slips returned by Monday to allow us to get back to parents with specific times (These are to be held on Tuesday November 29<sup>th</sup> and Wednesday 30<sup>th</sup>). Room 2 and 3 reports will be coming home next Friday, and the conferences will be a good opportunity to discuss/clarify/expand on the report information.



A reminder to download our excellent new school communication App if you have a smart phone. This way you can access all important messages, consent forms, and newsletters. See inside for instructions about how to download and use this tool.

A huge thanks to the parents who have been shovelling and wheelbarrowing bark chips this week. The front garden is looking suitably face-lifted, and the rest of the pile will restock the playground areas. And many thanks to Northern Southland Transport who carted it to the school for no cost.

Our thoughts have been with the Waller and Sheat families this week who have lost much loved family members, and our deepest sympathy is with them through this difficult time.

Have a good weekend. Ka kite ano,

Andrew Watson  
Principal

## Looking Ahead 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
21	22	23	24 Southland Primary Golf Tournament, Drummond	25 Room 2 & 3 Reports home; Year 6 NSC Orientation Day	26	27
28	29 BOT Meeting; Room 2 & 3 3-way Conferences	30 Room 2 & 3 3-way Conferences	1 Dec	2 Last day for Bible in Schools	3	4
5	6	7 Mitre 10 Mega Tough Kids Event Invercargill (Year 6 attending)	8	9 Assembly 1.30 pm; "Ice Cream" Afternoon 2.00 – 3.00 pm	10	11
12 "Lumsden's Got Talent" 1.30 pm (note change of date)	13 End of Year Ceremony 7.00 pm	14 End of Term 4	15	16	17	18

### Financial Contribution

Financial donations for the fourth term are now due. The BOT ask for donations from each family to the value of \$100 per child for the first two children and \$70 for the third per annum. We ask that you pay \$25 per child (for the first two) and \$17.50 for the third child for the fourth term as soon as possible. Alternatively you may wish to pay the full annual donation as a lump sum. Please make payment to Sharon in the office at school or directly into the school bank account 030960-0112624-00 (child/ren's name as reference). Thank you to those families who have already paid.

### School Sores

School sores are "unwelcomely" visiting ... They resemble flea bites, but medical opinion strongly suspects they are not. They're very contagious, and require antibiotic treatment prior to attending school. Please refer to attached Infectious disease information sheet for signs and symptoms (Hopefully this sheet will be a useful reference for you to retain should other conditions crop up that you need information about).

### Announcing the arrival of SCHOOL STREAM

This is a new app for parents to download to receive school information instantly and directly to smartphones, e.g. Alerts and reminders, consent forms, newsletters. Please see attached information about how to download the app, and there's also a form to return if you still require information to be delivered via traditional methods (Note: Hard copy of Newsletter will still come home each Friday).

### Lawnmowing Roster

The roster for the next 3 weeks is:

- 19/20 November Woods Family
- 26/27 November Abella Family
- 3/4 December Adams Family

**NB:** The key to the mower shed is at the Lumsden Four Square, there is a map of the area to be mown in the mower shed. If the petrol container is empty or low please contact Mackenzie Aitken phone 022 391 3152. If you are unable to mow the lawns on your rostered weekend please organise to swap with another family yourself.

## VIP of the Week

Congratulations to Harri Wilson last week's VIP recipient for helping younger children during whānau groups.



## Swimming

Class swimming:

- Wednesday: Room 1, 4 and 5 swim – 1.30 – 2.15 pm  
Room 2 and 3 swim – 2.15 – 3.00 pm
- Friday: Whole school swim – 1.30 – 2.30 pm

If any parents are able to help with supervision please contact the school. Thanks.

***SEASON TAGS: Families \$130 + \$20 bond, Singles/Seniors \$80 + \$20 bond  
For further information or queries, please contact Paulette 021 1211723.***

## NSC Orientation Day

Friday the 25<sup>th</sup> November is the NSC Orientation Day. Students may come to NSC on the NSC buses or be brought by parents/care-givers. The programme for the day is:

9.00 - Meet in Library - talks from Mr Newell (Principal) & Mrs Cullen (Head of Junior School) about what to expect in 2017 and school camp; see the school uniform on display and undertake a guided tour of the school/meet the teachers. There will then be time for parents to mix and mingle with other parents/Mr Newell/Mrs Cullen while the students head off to undertake an exciting programme for the rest of the day which includes being buddied up with Year 7s at break times, ITY/Science/Art/DTY and a swim to finish off.

If you, as a parent, are not able to attend the morning session, and were not able to attend the cottage meetings held at your schools earlier this term, we can hold an information evening before the end of the year. Please let us know if this is the case by texting or e-mailing me.

Students need to bring with them: morning tea and lunch (or money for the canteen) and swimming togs.

If you are wanting your child to go home on the NSC buses, you must e-mail/text me prior to Wednesday the 23<sup>rd</sup> November so that we can make sure we have enough space on the buses.

If you have any other queries, please do not hesitate to contact me,

Regards,

Tracey Cullen

0272856252 [tcullen@nsc.school.nz](mailto:tcullen@nsc.school.nz)

## Football Results

Lumsden Wasps had a win and a loss in their 2 games.

Lumsden Stingers had a loss and a draw in their 2 games.

Several absences of players with no subs, so some hard work done by players present. Well done!

Players of the Day: Lewis Chen and Blake Clearwater.

# Your school now has a **FREE** app

Receive school information, instantly and directly to your smartphone



## How to download your FREE app

- 1 From your mobile device go to the **App Store (iPhone/iPad)** OR **Google Play (Android)** search for **School Stream** and download the app to your phone
- 2 Make sure you agree to **push notifications**
- 3 Once School Stream has finished installing, open the app, type your school name into the search **THEN** select your school

For more detailed instructions go to [schoolstream.com.au/download](http://schoolstream.com.au/download)



## Instructions for **installing & deleting** the School Stream app from your device

### iPhone / iPad iOS

#### Installing

1. From your mobile device go to the **App Store** search for **School Stream**
2. Tap the **FREE** button to the right of the School Stream listing
3. Tap the **INSTALL** button
4. Enter your Apple ID and password & tap **OK**
5. Wait for the install icon to change to **OPEN**
6. Tap the **OPEN** button
7. You will be prompted to accept push notifications, you will need to select **OK**
8. Start typing your **school name** into the search then **SELECT** your school

#### Deleting

1. From your device press and **hold down the School Stream icon** until the icon begins to **jiggle**.
2. Tap the **little x** in the **upper-left corner** of the School Stream app. (A dialog appears, informing you that deleting this app also deletes all its data).
3. Tap the **Delete** button.

### Android/Tablet

#### Installing

1. From your mobile device go to the **Play Store** search for **School Stream**
2. Tap the School Stream listing
3. Tap the **INSTALL** button
4. Tap the **ACCEPT** button
5. Wait for the app to install then tap the **OPEN** button
6. Start typing your school name into the search then **SELECT** your school
7. Tap the **DONE** button in the top left

#### Deleting


1. Tap on the Menu button
2. Tap on **Settings: Applications: Manage applications**
3. Tap on the **School Stream app**
4. Tap on **Uninstall**



## FREE school app

Receive school information, instantly and directly to your smartphone

How to get the School Stream app on your mobile device

1. From your mobile device go to the App Store (iPhone/iPad) or Play Store (Android), search for School Stream and download the app to your phone.
2. Make sure you agree to **push notifications**
3. Once School Stream has finished installing, open the app, type your schoolname into the search then select your school. For more detailed instructions go to [schoolstream.com.au/download](http://schoolstream.com.au/download)
4. Are your children attending different schools? Tap the school selector,  select add a school, type the school name\* into the search then add. Jump between your children's schools by touching the school name/logo in the top blue bar, or switch schools from the slide-in menu.  
\*Any additional schools will need to be licensed users of School Stream to appear in theapp.

Choose what notifications you receive

1. Open the School Stream app on your mobile device
2. From the slide-in menu, go to Settings
3. Under Edit/Alerts select My Schools and select your School to open the Notifications page
4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
5. When you have finished, use the Back button to return to the Settings page, then select Done to return to your School

Return at any time to change the notifications you receive.

Don't have a smartphone?

If you don't have access to a smartphone and require information to be delivered via traditional methods (printed notices & email), please fill out the form below and submit it to the school office.

Family name: \_\_\_\_\_

Students Name	Class

Please indicate the reason:

- I don't have access to a smartphone (e.g. iPhone, Android, etc.)
- I prefer not to receive information from the school on my smartphone Other
- (please specify) \_\_\_\_\_

# Infectious Diseases:

## Information & exclusion list

### Condition

### This disease is spread by

### Early Symptoms

### Time between exposure and sickness

### Exclusion from school, early childhood centre, or work\*

#### Diarrhoea & Vomiting Illnesses continued

<b>Norovirus</b>	Contact with secretions from infected people	Nausea, diarrhoea/and or vomiting	1-2 days	Until well and for 48 after the last episode of diarrhoea or vomiting
<b>Rotavirus</b>	Direct spread from infected person	Nausea, diarrhoea/and or vomiting	1-2 days	Until well and for 48 after the last episode of diarrhoea or vomiting
<b>Shigella</b>	Contaminated food or water; contact with an infected person.	Diarrhoea may be bloody; fever, stomach pain	12 hours-1 week	Discuss exclusion of cases and their contacts with public health service
<b>VTEC/STEC</b> (Hemolytic- or shiga toxin-producing E. coli)	Contaminated food or water; unpasteurised milk. Direct contact with animals or infected person	High incidence of bloody diarrhoea, stomach pain. High rate of hospitalisation and complications.	2-10 days	Discuss exclusion of cases and their contacts with public health service.
<b>Respiratory Infections</b>				
<b>Influenza and Influenza-like Illness (ILI)</b>	Coughing and sneezing. Direct contact with infected person.	Sudden onset of fever with cough, sore throat, muscular aches and a headache.	1-4 days (average about 2 days)	Until well.
<b>Streptococcal sore throat</b>	Contact with secretions of a sore throat (Coughing, sneezing etc.)	Headache, vomiting, sore throat. An untreated sore throat could lead to Rheumatic fever.	1-3 days	Exclude until well and/or has received antibiotic treatment for at least 24 hours.
<b>Whooping cough (Pertussis)</b>	Coughing. Adults and older children can pass on the infection to babies.	Runny nose, persistent cough followed by "whoop", vomiting or breathlessness.	3-21 days	Five days from commencing antibiotic treatment or, if no antibiotic treatment than 21 days from onset of illness or until no more coughing, whichever comes first.
<b>Other Infections</b>				
<b>Conjunctivitis (Pink eye)</b>	Direct contact with discharge from the eyes or with items contaminated by the discharge	Irritation and redness of eye. Sometimes there is a discharge.	2-10 days (usually 3-4 days)	While there is discharge from the eyes.
<b>Meningococcal Meningitis</b>	Close contact with and secretions (Coughing, sneezing, etc.)	Generally unwell, fever, headache, vomiting. Urgent treatment is required.	3-7 days	Until well enough to return.
<b>Meningitis - Viral</b>	Spread through different routes including coughing, sneezing, faecal-oral route	Generally unwell, fever, headache, vomiting.	Variable	Until well.
<b>Mumps</b>	Coughing, sneezing and infected saliva.	Pain in jaw, then swelling in front of ear and fever	12-25 days	Exclude until 5 days after local swelling develops, or until well.

\* See Exclusion from public health services

For further information (online):

Your Public Health Files

Your Public Health Service

Receive printable info on National Transmission Schedule

1-800-424-0800 (Dialing 0800 will find Public Health Services)

Register, women should seek advice from their community pharmacist or GP



New Zealand Government



Reviewed March 2016. 04/2/2016. © 2015, 2016

# Infectious Diseases:

## Information & exclusion list

### Condition

This disease is spread by

Early Symptoms

Time between exposure and sickness

Exclusion from school, early childhood centre, or work\*

Condition	This disease is spread by	Early Symptoms	Time between exposure and sickness	Exclusion from school, early childhood centre, or work*
<b>Rashes and skin infections</b>				
<b>Chickenpox</b>	Coughing, sneezing and contact with weeping blisters.	River and spots with a blister on top of each spot.	10-21 days after being exposed.	1 week from appearance of rash, or until all blisters have dried.
<b>Hand, foot and mouth disease</b>	Coughing, sneezing and poor hand washing.	Fever, flu-like symptoms - rash on soles and palms and in the mouth.	3-5 days	Exclude until blisters have dried. If blisters are to be covered, and child feeling well, they will not need to be excluded.
<b>Head lice (Nits)</b>	Direct contact with an infected person's hair.	Itchy scalp, especially behind ears. Occasionally scalp infections that require treatment may develop.	N/A	None, but ECC/school should be informed. Treatment recommended to kill eggs and lice.
<b>Measles</b>	Coughing and sneezing. Direct contact with an infected person. Highly infectious.	Runny nose and eyes, cough and fever. Followed a few days later by a rash.	7-18 days	5 days after the appearance of rash. Non-immune contacts of a case may be excluded.
<b>Ringworm</b>	Contact with infected skin, bedding and clothing.	Flat, ring-shaped rash.	4-6 weeks	None, but skin contact should be avoided.
<b>Rubella (German Measles)</b>	Coughing and sneezing. Also direct contact with an infected person.	Fever, swollen neck glands and a rash on the face, scalp and body.	14-23 days	Until well and for 7 days from appearance of rash.
<b>Scabies</b>	Contact with infected skin, bedding and clothing.	Itchy rash.	4-6 weeks (but if hot scabies before it may develop within 1-4 days)	Exclude until the day after appropriate treatment.
<b>School sores (Impetigo)</b>	Direct contact with infected sores.	Blisters on the body which burst and turn into scabby sores.	Variable	Until sores have dried up or 24 hours after antibiotic treatment has started.
<b>Slapped cheek (Human parvovirus infection)</b>	Coughing and sneezing. The virus may be passed from mother to child during pregnancy.	Red cheeks and face-like rash on body.	4-20 days	Unnecessary unless unwell.
<b>Diarrhoea &amp; Vomiting Illnesses</b>				
<b>Campylobacter</b>	Undercooked food, contaminated water. Direct spread from an infected person or animal.	Stomach pain, fever, nausea, diarrhoea and/or vomiting.	Campylobacter 1-30 days Cryptosporidium 1-12 days Giardia 3-23 days Salmonella 6-72 hours	Until well and for 48 after the last episode of diarrhoea or vomiting. Cryptosporidium - do not use public pool for 2 weeks after symptoms have stopped. Salmonella - Discuss exclusion of cases and contacts with public health service.
<b>Cryptosporidium</b>				
<b>Giardia</b>				
<b>Salmonella</b>				
<b>Hepatitis A</b>	Contaminated food or water, direct spread from an infected person.	Nausea, stomach pains, general aches. Jaundice a few days later.	15-50 days	7 days from the onset of jaundice.

For further information contact:

Your Public Health Nurse

Your Public Health Service

Vaccine-preventable and/or on National Immunisation Schedule

Notifiable diseases (Doctors notify the Public Health Service)

Pregnant women should seek advice from their maternity provider at G.P.

\* See also school exclusion advice for professionals or public health advice

Ministry of Health



Revised March 2016. Code: 259. Copy: 1/2016